



The 'Scottish' News




Official Weekly Information Sheet

Scotland Boys Club – Academy of Football

Issue Number 28

40th Anniversary Year

Week Ending 28th July – 31st July 2006

Contact Information	Director of Football & Manager of School of Excellence	Bobby Mc Donald	07976083520
	Head Coach & Manager of Academy PLUS Squad	<i>John Renwick</i>	07849535984
	Manager of 1998 Improvers 'A' Squad	<i>Ian Downs</i>	07968326286
	Manager of 1998 Improvers 'B' Squad	<i>Robert Gormley</i>	Phone Ian Downs
	Manager of 1999 Squad 'A'	<i>Michael Innes</i>	07908749527
	Assistant Manager 1999 "A" Squad	<i>Alistair Whyte</i>	07803280599
	Manager of 1999 Squad 'B'	<i>Jim Ruddick</i>	Phone Michael or Bobby
	Coach 2000 Squad 'A'	<i>Jim Ruddick</i>	Phone Bobby Mc Donald
	Coach 2000 Squad 'B'	<i>Larry O Hara</i>	Phone Bobby Mc Donald
robertmcdonald2@btinternet.com			

John Renwick announces July 2006 Gradings

Few shocks as Academy Groups (Gradings) stabilise at last

After consultation with myself (and other Manager's where appropriate) and through observing students in action over the last couple of months, John Renwick (Head Coach) has now decided the final July 2006 gradings. There will clearly be a few 'happy' faces and a few 'unhappy' faces....but decisions have been made and we must stand by them. There are also a few 'trialists' still to be allocated groups, and this will be done very quickly. Trialists will be allocated a separate section on the sheet(s) and will be blended into the system at the earliest opportunity. This **MAY** mean that certain groups may be required to be topped up to eleven squad members although this is unlikely. Some people may choose to move on...rather than fight for their place, but these are decisions that parents will take. If anyone is unhappy with their 'grade' please arrange a one to one meeting with John Renwick, have that meeting (or just give him a ring on the telephone). If you are still unhappy, then you can appeal to me in writing, giving me your reasons and justification as to why your son / daughter should or should not have been moved. I will then arrange a one to one with yourself and we can talk about the situation a bit more. **The next gradings will be in January 2007.**



Renwick deep in thought

Incidentally, as you or may not have found out by now, John Renwick's holiday to Tenerife had to be cut short after his cousin died. He was only 25 years of age. John had to return home after four days of his holiday. Our thoughts at this moment in time and with John and his family.

Overleaf is the 'Gradings' table and up to date squad numbers.

Now if anyone decides to 'call it a day' because of these gradings....then please advise John **immediately** as I will then have to update the squads, bring in a replacement(s), and restructure the Gradings.

Any student that has been moved down a grade **MAY** be listed to train on a **DOUBLE** day to get him/her up to speed and back on track. This is **OPTIONAL.....NOT** mandatory.

It is only essential for the student to train with their OWN GROUP except goalkeepers who MUST attend on a Friday night.

GRADINGSJULY 2006

HAMILTON CAMPUS - Groupings - Training Days - Managers - 2006 (September)									
School of Excellence - FRIDAYS Bobby Mc Donald					1999 'A' Squad - FRIDAYS Michael Innes (Alistair Whyte assisting)				
		No	Training			No	Training		
1	James Semple (GK)	1b	FRIDAY		1	Angus Carswell (GK)	1e	FRIDAY	
2	Ross Lyon	14	FRIDAY		2	Anthony Croal	26	FRIDAY	
3	Callum Gibson	4	FRIDAY		3	Calum Glasgow	40	FRIDAY	
4	Regan Glackin	19	FRIDAY		4	Connor Stewart	41	FRIDAY	
5	Aiden Gray	11	FRIDAY		5	Jack Stewart	2	FRIDAY	
6	Aiden Mc Elhinney	15	FRIDAY		6	Craig Butler	64	FRIDAY	
7	Sean Hughes	17	FRIDAY		7	Matthew Innes	3	FRIDAY	
8	Leon Jones	16	FRIDAY		8	Ross Henderson	46	FRIDAY	
9	Jamie Love	9	FRIDAY		9	Josh Mc Fall	35	FRIDAY	
10	Ryan Coulter	10	FRIDAY		10	Calum Whyte	5	FRIDAY	
Academy PLUS John Renwick					1999 'B' Squad Jim Ruddick				
1	David Thomson (GK)	1a	FRIDAY		1	Vacancy (GK)	1f	FRIDAY	
2	Samuel Bullough	20	FRIDAY		2	Kieran Mc Millan	45	FRIDAY	
3	Calum Mc Donald	8	FRIDAY		3	Sonny Stewart	63	FRIDAY	
4	Josh Mac Donald	39	FRIDAY		4	Struan Paton	65	FRIDAY	
5	Anthony Ralston	23	FRIDAY		5	Aaron Gray	75	FRIDAY	
6	Ryan Love	18	FRIDAY		6	Paul Croal	60	FRIDAY	
7	Liam Burt	27	FRIDAY		7	Andrew Mc Lean	48	FRIDAY	
8	Gary Keenan	12	FRIDAY		8	Craig Costello	80	FRIDAY	
9	Ryan Kane	7	FRIDAY		9	Carter Mc Creadie	66	FRIDAY	
10	Liam Bowie	6	FRIDAY		10	Dylan Mc Kinnon	58	SUNDAY	
1998 Improvers 'A' Squad Ian Downs					2000 'A' Squad Jim Ruddick / Bobby Mc Donald (Overseeing)				
1	Paul O Hara (GK)	1c & 36	FRI & SUN		1	Kyle Mac Donald (GK)	1h	FRI & SUN	
2	Andrew Gallacher	42	SUNDAY		2	Padraig Dolan	59	SUNDAY	
3	Scott Matthews	61	SUNDAY		3	Cameron Stewart	57	SUNDAY	
4	Bradley Reid	24	FRI & SUN		4	Conor Burt	37	SUNDAY	
5	Thomas Blair	79	SUNDAY		5	Oade Somerville	69	SUNDAY	
6	Lee Roulston	34	SUNDAY		6	Calum Holland	68	SUNDAY	
7	John Smith	31	FRI & SUN		7	Anton Gray	74	FRIDAY	
8	Jonathan Downs	32	FRI & SUN		8	Vacancy	76	SUNDAY	
9	Christopher Sands	25	SUNDAY		9	Vacancy	82	SUNDAY	
10	Ewan Dickson	56	SUNDAY		10	Vacancy	83	SUNDAY	
1998 Improvers 'B' Squad Robert Gormley					2000 'B' Squad Larry O Hara / Bobby Mc Donald (Overseeing)				
1	Vacancy	1d	FRI & SUN		1	Vacancy (GK)	1g	FRI & SUN	
2	Carla Boyce	53	SUNDAY		2	James Ruddick	78	SUNDAY	
3	David Mc Carthy	55	SUNDAY		3	David Hughes	77	SUNDAY	
4	Lewis Lennox	62	SUNDAY		4	Michael Gallagher	71	SUNDAY	
5	Ryan Gormley	52	SUNDAY		5	Kian Mallin	51	SUNDAY	
6	Scott Ballantyne	29	SUNDAY		6	Greg Gardiner	70	SUNDAY	
7	Alex Keenan	22	SUNDAY		7	Christopher Quigley	50	SUNDAY	
8	Brian Duris	67	SUNDAY		8	Jamie Neeson	83	SUNDAY	
9	Jack Semple	47	SUNDAY		9	Vacancy	84	SUNDAY	
10	Paul Macdonald	49	SUNDAY		10	Vacancy	85	SUNDAY	
Overage Students (Training Only)					Trialists (Still to be Graded)				
1	Ross Dougan	38	FRIDAY			Joe Carlson	28	SUNDAY	
2	Cameron Carswell	54	FRIDAY			Conall Mc Cormack	72	SUNDAY	
3	Lauren Butler	21	FRIDAY			Vacancy	81		
						Vacancy	86		
Students now LEFT the Academy									
1	Darren Gough	44	LEFT			Vacancy	87		
2	Robbie Martin	33	LEFT			Vacancy	88		
3	Lee Ritchie	30	LEFT			Vacancy	89		
4	Christopher Mc Cann	43	LEFT			Vacancy	90		

Dance Video – again !!!

Aldo Thomson has made a video of the 'presentation' at the 40th Anniversary Awards Ceremony at Hampden Park in May of this year. **Anyone wishing a copy of this video**....these can be obtained by ordering from Theresa. They are priced at **£5** (payable in advance) ...Money will go to Club Funds. They will be available in a few weeks. No video will be copied until the money is paid up front.

PLEASE CHECK THESE ARRANGEMENTS – THERE HAVE BEEN CHANGES

Saturday	29 th July	Liverpool	Shaftsbury Tournament	1 x U7 Squad..... (see this newsletter)
Sunday	6 th August	Glasgow Green	City of Glasgow Cup – at Glasgow Green – Trophy Free...Non Competitive	School of Excellence plus Academy PLUS – NEW GRADINGS APPLY
Saturday	12 th August	West Craven Technology College Kelbrook Road Barnoldswick Lancashire BB18 5TB	Barnoldswick Barons	2 x U8 (Six a Side) and THREE Subs This tournament is for the 1998 IMPROVERS – both A AND B GROUPS. <u>NEW GRADINGS APPLY.</u>
Saturday	12 th August	Ayr	Land O Burns Festival... this is a two day tournament – THREE MATCHES PER DAY	School of Excellence + Academy PLUS (two day – non Competitive) NEW GRADINGS APPLY
Sunday	13 th August	Ayr	Land O Burns Festival... this is a two day tournament – THREE MATCHES PER DAY	School of Excellence + Academy PLUS (two day – non Competitive) NEW GRADINGS APPLY
Saturday	19 th August	Cumbernauld	Cumbernauld Colts Festival... is a two day tournament – THREE MATCHES PER DAY	1999 'A' Squad (NEW GRADINGS)
Sunday	20 th August	Cumbernauld	Cumbernauld Colts Festival... is a two day tournament – THREE MATCHES PER DAY	1999 'A' Squad (NEW GRADINGS)
Saturday	26 th August	Richmond Park	SBC Tournament	CANCELLED
Sunday	27 th August	Blackpool	Bispham Juniors Tourney	2 x U8's Teams School of Excellence + Academy PLUS (NEW GRADINGS APPLY) – Competitive.

REMEMBER = GREEN MEANS IT IS A 'GOER'

Newsletters by EMAIL

I know I have said this beforebut can any **NEW PARENTS** and **EXISTING PARENTS** give me their email addresses (if you have not already done so) ... so that I can send out the Newsletter to you by email rather than print thousands of paper copies which are expensive. Even if it is your work's email address...it will not matter. Those who get the Newsletter by email...please do not take a paper copy as well unless you need to.

Every newsletter that gets sent by email saves the Club **ONE POUND !!! FACT !!!** So c'monget me some more email addresses. Even if it is your **WORK** address....give it to me. Get yourself onto the mailing list...and why not add Granny and Grandpa and Auntie and Uncle to the listits free and easy...just give Theresa a note of their email addresses.

Enrolment Forms, Travel Consent, Birth Certificates and Passport Photos – LAST CHANCE !!!

There are still quite a lot of Enrolment Forms, Travel Consent Forms, Birth Certificates and Passport Photos **NOT BEEN HANDED IN**. After 31st July 2006, **NO STUDENT MAY PARTICIPATE IN TRAINING OR GAMES** if these up to date details are not with me. So please get down to Asda or wherever and get this organised. This includes **NEW STUDENTS**. Brand New Students (within last few weeks) must also provide this documentation although they cannot submit a passport photograph until they have obtained their 'Scotland' strip as the photo has to be taken with this strip on. Please, please get this documentation in now. Anyone who has mislaid the documentation, replacement enrolment forms and consent forms may be obtained from Theresa. **Remember 31st July 2006 is the deadline date. If they are not in by then YOU CANNOT PLAY.**

New Players

ALL new playerswho have come along for the last few weeks must now make their choice to either officially join the Academy OR NOT. If you have already decided to join...then you will be required to start paying weekly subscriptions from last weekend. I will need enrolment forms, consent forms, birth certificate and photos of your son/daughter in their Scotland Strip. He/she will be allocated a squad number next week, and you can start to get the equipment. He will then be 'graded' and allocated a particular squad in next week's 'gradings'. After that he/she will be required to train with that particular squad.

No Training NEXT Sunday

There will be no training **NEXT SUNDAY** for any of the Age Categories. This training **IS** however running on **SATURDAY** instead - as indicated in this Newsletter. Just a gentle reminder. Subscriptions will also be collected on the Saturday. Note it is at **RICHMOND PARK**and that date is 5th August 2006.

Leagues Begin

It is anticipated that the League will begin in the first week in September. If however the consensus at the meeting in August can agree an earlier start date ...then we may begin the week earlier.

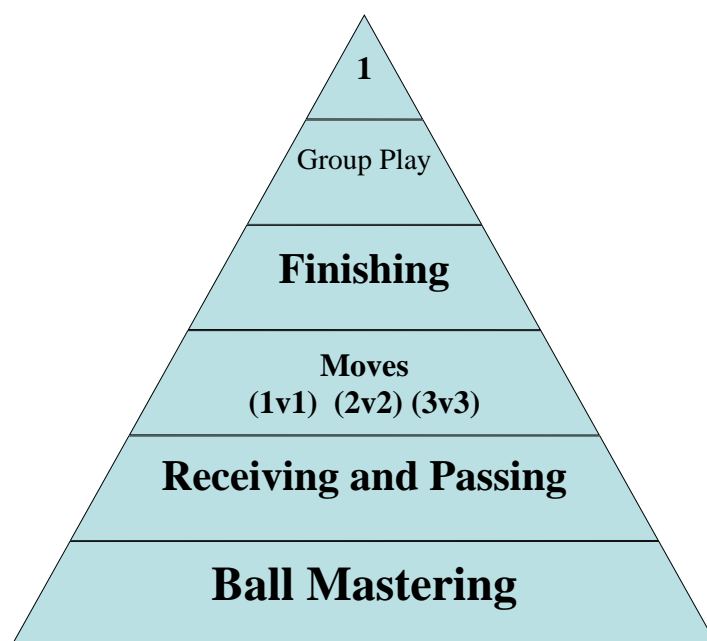
New Kits

We are into our final week of negotiations with our suppliers and should have some positive information for you in either next week's Newsletter or at the latest – the following week.

School of Excellence – Sessional Training Nights

As you will notice from the Newsletter, the School of Excellence has started 'sessional training nights'. These nights will allow exceptional players from the Academy to get together, have some specialist skill stuff, and allow them to actively work on coaching skills. Certain Academy PLUS players will get the opportunity to come along. Certain 1999's will be invited, and indeed any member of any other age category will be asked along on occasions. Please keep your eye on the squads that are announced when these days are running. They are following a model of the Ajax Coaching Structure that I am involved in at this moment in time when we will be concentrating on the Pyramid of Player Development. (see below). The first evening was held tonight (Thursday) in Carnwath and the next is next Thursday in Livingston. We will be visiting a number of areas throughout these sessions. My thanks to all the coaches who are participating in these sessions. Any coaches willing to assist and accelerate their personal development may attend these sessions without prior notice. My special thanks to James Glackin and Gordon Love who have also volunteered to assist in these sessions.

PYRAMID OF PLAYER DEVELOPMENT



The central theme of all **Dutch coaching** concentrates on the improvement of both individual skills and small team group play, especially in the 6 - 14 age group. **Dutch coaching** believes that the game is made up of a series of movements and plays involving a small number of players (1v1, 2v2, 3v3 etc.) in different parts of the field. It is when they are linked together, or broken up defensively, that these small group plays make up a game of football.

Dutch coaching concludes that ultimately any system of team play is only as good as the players involved. It therefore focuses on individual development both alone and in the context of small group team play. This curriculum is delivered through the above [Pyramid of Player Development](#).



This new curriculum is represented by the above Pyramid of Player Development which consists of 6 building blocks. Each block combines dozens of games and training exercises for all ages and many have been featured in the current coaching programmes currently running within the Scotland Boys Club – Academy of Football.

Ball Mastery is the foundation of every player's development and becomes essential for progress through the pyramid. But don't think of this as a ladder, where one level must be mastered before continuing to the next level. Instead each step is integral to the others and the player improvement is achieved, as the techniques at each level become stronger.

Ball Mastery

Exercises where each player must work alone with a ball, High repetitions using both feet.

Receiving and Passing

Exercises to improve a player's first touch, so important at all levels and to encourage and teach accurate creative passing.

Moves (1v1) (2v2) (3v3) etc

Exercises and games that teach game winning individual moves that can create space amongst the most packed of defences.

Speed

Exercises and games that improve acceleration, running with and without the ball and changes of pace.

Finishing

Exercises and games that teach technique and encourage instinctive play.

Group Attack

Exercises and games that improve small-group combination play with emphasis on fast break attacks.

PLEASE READ THIS – it has been updated

Day	Date	What's on	Where	For who ?	
Friday	28 July	Training	Richmond Park 7pm – 9pm	School of Excellence Academy PLUS	1999 Group ALL Goalkeepers
Friday	28 July	1998 Improvers v Partick Th 1998 Improvers v 1999 Age Group	Richmond Park 7pm – 9pm	ALL 1998 Improvers + Lee Roulston	1999 Age Group
Saturday	29 July	Shaftsbury Tournament in Liverpool... 1 x U7 Team	Liverpool	One U7's Squad – mix of 1999's and some late 1998's.	See this Newsletter
Sunday	30 July	Training	Hamilton Palace 10.00 – 12.00	1998 Improvers Any NEW Trialists.	2000 Age Group
Thursday	3 Aug	Specialised Development Session 2...School of Excellence – Ball Mastering / Passing and Movement	Bellsquarry 7.00 – 9.00	School of Excellence (NEW GRADINGS) plus Liam Burt + Ryan Love	7.00 pm – 9.00 pm (Lighting permitting) MEET IN THE CAR PARK OF LIVINGSTON (SOUTH) TRAIN STATION AT 6.45 PM
		ABOVE SESSION CANCELLED		ABOVE SESSION CANCELLED – JUST FOUND OUT I NEED TO GO TO CHESTER - APOLOGIES	
Friday	4 Aug	Training	Hamilton Palace 7.00 till 9.00	School of Excellence ALL Goalkeepers	1999 Age Group
Saturday	5 Aug	Training	RICHMOND PARK 10.00 till 12.00	1998 Improvers Any NEW Trialists.	2000 Age Group
Sunday	6 Aug	TRAINING FOR 1998 IMPROVERS AND 2000 AGE GROUP CANCELLED – IT IS ON THE SATURDAY INSTEAD (SEE ABOVE) and it is at RICHMOND PARK AS YOU CAN SEE.		1998 Improvers Any NEW Trialists.	2000 Age Group
				CANCELLED	
Sunday	6 Aug	City of Glasgow Tournament	Glasgow Green	School of Excellence and Academy PLUS Squads – NEW GRADINGS APPLY	Times to be confirmed

The 'Shaftsbury' Tournament

IF YOU CANNOT MAKE IT – LET ME KNOW IMMEDIATELY

Saturday 29th July 2006

Under 7's

The event will take place at :

**Shaftsbury Youth Club, Mendip Road, Prenton, Wirral,
Merseyside CH42 8NU**

This is right next door to Tranmere Rovers Football Ground (Prenton Park)

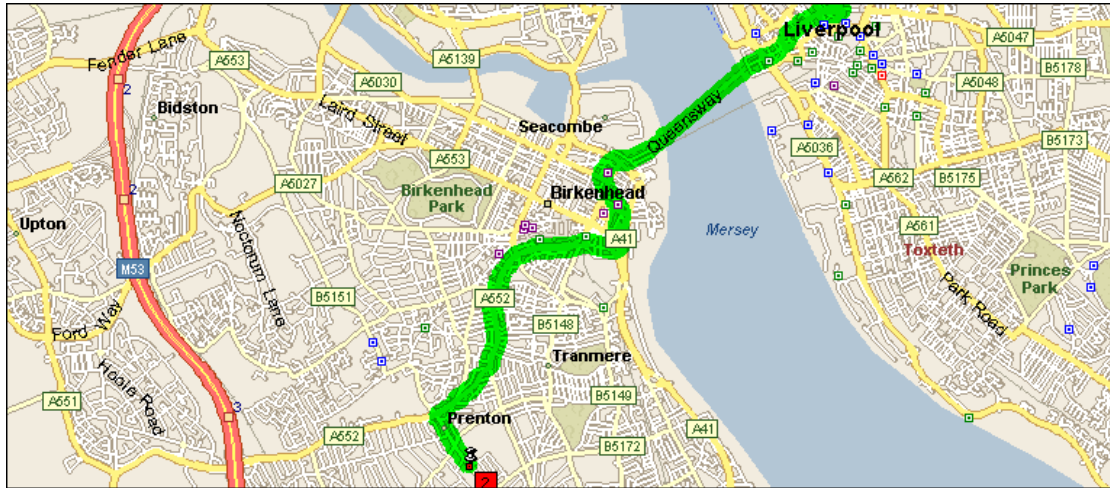
Please be there for 8.45 am for a 9.00 am start

1	Paul O Hara	<p>If anyone wishes to stay overnight, try Riverhill Hotel 0151-653-3773 or Bowler Hat Hotel, 0151-652-4931both are less than a mile from the venue.</p> <p>There is a vacancy for Liverpool for Saturday if anyone is interested in travelling. Let me know immediately.</p>
2	Gary Keenan	
3	Anthony Ralston	
4	Connor Stewart	
5	Callum Gibson	
6	Ryan Love (Capt)	
7	Samuel Bullough	
8	Christopher Sands	
9	Kieron Mc Millan	
10	Vacancy	

Summary: 211.8 miles (3 hours, 24 minutes)

Mile	Instruction	For	Toward
0.0	Depart Hamilton on A724 [Union Street] (West)	0.4 mi	
0.4	Turn RIGHT (South) onto A724 [Douglas Street], then immediately turn LEFT (East) onto A72 [Almada Street]	0.4 mi	
0.7	At roundabout, take the THIRD exit onto A72 [Muir Street]	0.4 mi	
1.2	At roundabout, take the SECOND exit onto A72 [Palace Grounds Road]	0.4 mi	
1.5	At roundabout, take the FIRST exit onto A723 [Motherwell Road]	0.2 mi	
1.7	Keep LEFT onto Ramp	0.3 mi	M74 / Glasgow / Carlisle
2.0	Take Ramp (RIGHT) onto M74	25.0 mi	M74 / A74 / Carlisle
27.0	Road name changes to A74(M)	49.2 mi	
76.2	Road name changes to A74	5.4 mi	
81.6	Road name changes to M6	107.4 mi	
189.0	At Exit 26, keep LEFT onto Ramp	0.3 mi	M58 / Skelmerside / Southport
189.3	At roundabout, take the FIRST exit onto M58	11.7 mi	
201.0	Keep STRAIGHT onto Ramp	54 yds	
201.0	Keep LEFT to stay on Ramp	120 yds	A59 / M57 / Liverpool
201.1	Bear LEFT (South-East) onto Local road(s)	0.1 mi	
201.2	Keep LEFT onto A59 [Ormskirk Road]	2.0 mi	
203.2	Bear LEFT (South) onto Local road(s)	43 yds	
203.3	Bear RIGHT (South-West) onto A506 [Longmoor Lane]	65 yds	
203.3	Keep STRAIGHT onto A59 [Walton Vale]	1.2 mi	
204.5	At roundabout, take the SECOND exit onto A59 [County Road]	2.8 mi	
207.3	At roundabout, take the THIRD exit onto Queensway Entrance	0.1 mi	
207.5	Road name changes to Queensway [Mersey Tunnel]	2.0 mi	
209.5	Keep LEFT onto Local road(s)	32 yds	
209.5	Keep RIGHT onto Ramp	87 yds	
209.6	*Tollbooth* Take Ramp (RIGHT) onto A552 [Borough Road]	1.8 mi	
211.4	Turn LEFT (South) onto Local road(s)	43 yds	
211.4	Bear LEFT (South) onto B5151 [Storeton Road]	0.4 mi	
211.8	Arrive Mendip Rd, Birkenhead CH42 8 [Mendip Rd, Birkenhead, CH42 8NU		

MAP TO BIRKENHEAD



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